

Fruitvale Elementary

Respect Ourselves, Respect Others, Respect the Environment



Principal's Message:

September has been a very busy and productive month for everyone here at FES. As we move into our second month of the school year, I look forward to all of the powerful learning opportunities that our staff will be facilitating for students throughout the fall season. Thank you to parents for your hard work in preparing your children for these amazing learning opportunities, each and every day. The staff at FES would also like to wish all families a very Happy Thanksgiving.

- Mr. Bud Gregory, Principal

PAC MEETING

The October PAC Meeting will be held on Monday, October 15th at 6:00 p.m. in the Library. Hope to see you there!

**PICTURE DAY!
MOUNTAIN WEST
WILL BE TAKING
STUDENT
PICTURES ON
THURSDAY,
OCTOBER 4TH**

Breakfast Program

The FES Breakfast program has started again this year. Thank you to Ms. Skarbo for ensuring that our students are receiving a healthy breakfast to get ready for learning. The breakfast program runs from 8-8:30 a.m. each morning in the multi-purpose room (entry through Primary hallway doors near playground). All students are welcome!

Cross Country Run

FES is participating in the District Cross Country Run on Wednesday, October 3rd at Mazzochi Park beginning at 9:30 a.m. All students will be participating in this event! It would be awesome to see parents out cheering on our runners! Thank you to all school staff for getting our students prepared for the run.

A friendly reminder to return student information sheets back to the office and to pay student fees. Families needing assistance with payment of fees are asked to contact Mr. Gregory.

School Fees

LOOK. LISTEN. LEARN.

Be aware.
Fire can happen anywhere.™

FIRE PREVENTION WEEK: OCTOBER 7-13, 2018
firepreventionweek.org



© 2018 NFPA
Sourly™ is a trademark of NFPA.

On October 1st and 2nd, students K-4 are being visited by the local Fire Department and asked to participate in the Fire Prevention Week Campaign.

Each student will be sent home with a fire information package. Please take the time to go over the information and make a family plan to ensure fire safety in your home. Thank you to our local Fire Department for teaching our students about this very important safety topic!

Snack

Occasionally, over the course of the school year, students are offered fruit and vegetable snacks, including milk in our K-5 classes



THANKSGIVING

School will not be in session on Monday, October 8th as it is Thanksgiving Day.

SAFETY DRILLS

On October 4th, October 11th, and October 23rd, FES will participate in Fire Drills.

On October 24th students at FES will participate in a Lockdown Drill.

Reminder

School will not be in session on:

Monday, October 8th: Thanksgiving

Friday, October 19th: Pro-D Day



HealthLinkBC

All grade 6 students at FES will be receiving an immunization shot this month. Information packages will be sent home with grade six students prior to receiving the immunizations. For more information, please click on the following link:

<http://www.healthlinkbc.ca/healthfiles/pdf/hfile50f.pdf>



StrongStartBC

The Strong Start Program, located in Room 122 at FES, is underway. If you have any questions about the Strong Start program, please contact Ms. Hill at 250.367.7541, ext.721. Any families wishing to enroll their child in Strong Start must provide the child's birth certificate in order to register.

Grade 7 Fundraising

Mrs. Postnikoff's and Mrs. Morissette's grade 7 students will be fundraising to raise money to go on a year end field trip. As part of the fundraising campaign, pizza and hot dogs will be sold. Please check the attached October calendar for a list of dates. Thank you for supporting our students!

Bus Pass Update

Maintenance is working to issue all student bus passes for the 2018-2019 school year. Students can expect to receive bus passes by the middle of October. Thank you for your patience!



Luv2Groove Dance Residency



On Wednesday, October 17th, instructor Ms. Christine will facilitate workshops for students designed to promote movement, interaction, self-esteem, and creative expression!

UPCOMING IMPORTANT DATES

OCTOBER:

Wed. Oct. 3rd Cross Country Fun Run

Thurs. Oct. 4th Photo Day

Mon. Oct. 8th Thanksgiving Day

Fri. Oct. 19th No School - Pro-d Day

NOVEMBER:

Wed. Nov. 7th Student-Led Interviews
(Dismissal at 11:45 a.m.)

Thurs. Nov. 8th Student-Led Interviews
(Dismissal at 11:45 a.m.)

Fri. Nov. 9th - Remembrance Day Assembly
@ 10:45 a.m.

Mon. Nov. 12th Remembrance Day Stat.

DECEMBER:

Thurs. Dec. 6th First Formal Report Issued

Mon. Dec. 10th K-3 Christmas Concert (1pm)

Tues. Dec. 11th Gr.4-7 Christmas Concert (1pm)

Fri. Dec. 21st Last Day Before Winter Break

Early Dismissal

Students will be dismissed at 11:45 a.m. on Wed. November 7th and Thurs. November 8th for Student-Led Parent-Teacher Interviews. Information regarding interviews will be sent home closer to the date.

Halloween

Students are invited to dress up on Wednesday, October 31st for Halloween. We wish the students to have as much fun as possible, but ask that costumes do not advocate or depict violence (no guns, knives, swords...).

Much appreciated!

Halloween Safety Checklist

Review these rules to keep ghouls and boys safe!

1. Stay on the sidewalk.
2. Don't eat any candy before it is inspected by adults.
3. Don't eat any unwrapped candies.
4. Stay with your group.
5. Wear a reflecting item on your clothing so cars can see you.
6. Observe the trick or treating hours.
7. Have a hauntingly good time!



BEAR SAFETY TIPS

Bears have been out and about in our community as of late. The following are Bear Safety tips recommended by Wild Safe BC:

When walking, travel in groups of two or more and keep talking (talk out loud to yourself if you are alone). Bears recognize the human voice and will avoid you in most instances.

If you encounter a bear, do not yell, scream, or run as this may trigger an attack. If the bear sees you, speak in a low voice to let the bear know you are a human and move away slowly.





Our Amazing Parents running the PAC Barbecue on September 25, 2018

FES October Calendar



2018

Family Planner

Monday	Tuesday	Wednesday	Thursday	Friday
1 Fire Prevention Presentations	2 Fire Prevention Presentations	3 District Cross Country Fun Run at Mazzochi 9:30-11am	4 Picture Day!  Fire Drill - 12:50pm Pizza Lunch Fundraiser	5
8 Thanksgiving Day (School Not in Session)	9	10	11 Fire Drill - 9:35am Hot Dog Lunch Fundraiser	12
15	16	17  Luv2Groove Dance Workshop - 1 Day Residency	18 Pizza Lunch Fundraiser	19 Pro-D Day (School Not in Session)
22	23	24 Earth Rangers Presentation/ Assembly - 1pm	25 Hot Dog Lunch Fundraiser	26

29 Photo Retakes 30 Happy Halloween! 31

Health Hints

Is your child too sick to go to school?

- ⇒ a fever, and keep them home for **24** hours after the fever is gone.
- ⇒ vomiting or diarrhea, and keep them home for **24** hours after the last episode.
- ⇒ a severe sore throat.
- ⇒ a rash with no known cause.
- ⇒ a severe cough especially with other symptoms like a runny nose and headache.
- ⇒ redness, swelling or discharge of the eyes, ears or skin, unless treated.
- ⇒ been acting unwell and have little energy to join in school activities.



Contact HealthLink BC: Dial 811 or go to <http://www.healthlinkbc.ca/> to speak with a:

- ✓ **Registered Nurse** 24 hours a day, every day of the year.
- ✓ **Registered Dietitian** every weekday from 9 a.m. to 5 p.m. PST.
- ✓ **Pharmacist** every night from 5 p.m. to 9 a.m. PST every day of the year.

A Quick Guide to Common Child-hood Diseases from the BC Centre for Disease Control:

http://www.bccdc.ca/NR/rdonlyres/8061A728-C969-4F38-9082-B0296EF2A128/0/Epid_GF_childhood_quickguide_may_09.pdf

Be sure to talk with your family doctor or nurse practioners if you have concerns about your child's health.



Interior Health
Every person matters

<http://www.interiorhealth.ca/YourHealth/SchoolHealth/Pages/default.aspx>